

# Matawan Aberdeen Regional Schools

## Cliffwood Elementary School

### Crisis Intervention Resources

Crisis Intervention services are available to those in need. Below is a listing of services and contact information to assist you.

#### **EMOTIONAL/BEHAVIORAL/PSYCHIATRIC**

##### **For Crisis with Imminent Risk of Harm to Self or Others**

###### Interventions

Calling 911 would be the first measure. Other sources of intervention include:

- Monmouth County Child & Family Crisis Clinicians at County Screening (PESS) at Monmouth Medical Center - **732-923-6999**

##### **Crisis with NO imminent Risk of Harm to Self/Others**

###### Interventions

- Mobile Response and Stabilization Services -  
**1-877-652-7624**

###### Prevention

- Community YMCA Outpatient Program & Children's Program (YIPPEE) - **732-290-9040**
- CPC Behavioral Health Care Outpatient Services - **732-842-2000**

#### **ABUSE AND NEGLECT**

- Division of Child Protection and Permanency (DCP&P) - Formerly DYFS 1-877-NJ ABUSE (1-877-652-2873)

#### **DEVELOPMENTAL DISABILITIES**

###### Prevention

- Autism Family Services of New Jersey ([www.autismfamilyservicesnj.com](http://www.autismfamilyservicesnj.com))  
**1-877-237-4477**

#### **CHILDREN'S SYSTEM OF CARE**

- PerformCare (CSA) - They will schedule and in-home assessment or make referrals.  
**1-877-652-7624**
- Mobile Response and Stabilization Services (MRSS)  
**732-842-2000**
- Family Support Organization (FSO) - Family Based Services Association of NJ  
**732-542-4502**

#### **DOMESTIC VIOLENCE**

###### Interventions

Calling local police or 911 would be the first measure.

- 180 Turning Lives Around - **732-264-4111**
- Domestic Violence 24-Hour Hotline - **1-888-843-9262**

###### Preventions

- Department of Child Protection & Permanency - **1-877-NJABUSE (1-877-652-2873)**

#### **SELF-HARM/SELF-MUTILATION**

###### Interventions

- Hotlines (SAFE - Self-Abuse Finally Ends) - 1-800-DON'T CUT OR 1-800-366-8288

## **INFORMATION AND REFERRAL**

- NJ Children's System Care - (Contracted System Administrator - PerformCare) **1-877-652-7624**

## **HELP LINES**

- 2nd Floor - Youth Support Line ([www.2ndfloor.org](http://www.2ndfloor.org)) - **1-888-222-2228**

## **SUICIDE INTERVENTIONS**

Call 911

- Monmouth County Psychiatric Emergency Screening Services (PESS) at Monmouth Medical Center - **732-923-6999**

## **Hotline Numbers**

- NJ Hopeline - **1-855-654-6735**
- National Hopeline Network ([www.hopeline.com](http://www.hopeline.com)) - **1-800-SUICIDE (1-800-784-2433)**
- National Suicide Prevention - **1-800-273-8255**

## **Outpatient Services**

- CPC Behavioral Health Care (Freehold/Red Bank) - **732-842-2000 x4221**
- Community YMCA Counseling and Social Services (Matawan) - **732-290-9040**
- Family Crisis Intervention Unit (FCIU) Intensive family services in community/in home; truancy, parent-child conflict  
**732-542-2444 (Monday - Friday 9:00 AM - 5:00 PM)**  
**732-996-7645 (After hours)**