

October Guidance Lesson Theme:

Respect

Lesson focus...

The month of October is one where schools across New Jersey focus on anti-bullying efforts and what it means to show respect despite our differences.

For this lesson, students participated in an active discussion surrounding the topic of respect, specifically focusing on diversity and the importance of students interacting with people who think, feel, and/or look differently from themselves and/or their families

Important lesson takeaways...

- ♥ Respecting our differences means that while we do not always have to look, think, or feel the same as others, we must always do our best to treat each other with the care and kindness we would want in return
- ♥ We all have things in common with others just as we all have differences; It is those differences that make us and our families special

Follow-up at home by...

- ♥ When reading a story or watching a movie with your child, ask your child to identify how he/she is the same or different from the characters in the book or movie
- ♥ Ask your child to identify something special and unique about each person in their family and to identify something that is unique or special about him/her



Sincerely,

Mrs. Levine, School Counselor

