



Chartwells K12 and The Matawan Aberdeen Regional School District are eager to welcome you and your child back to the school café with new flavors, and events, as well as food & wellness education that is sure to inspire a healthy and fun 2023-2024 school year!

**Fresh Produce and Local Partners:** Infusing fresh and local flavors into the school menu is a priority for our chefs, and we are proud to support local farmers and companies, bringing students the freshest possible produce.

**Discovery Kitchen:** Designed to make nutrition education fun! Chartwells chefs and dieticians have worked together to create curriculums that get kids cooking, trying new foods, and learning about what they're eating!

**Mood Boost:** This innovative program helps elementary and middle school students connect what they eat with how they feel. It features recipes and characters that focus on 6 moods: Smart, Happy, Confident, Alert, Strong and Calm.

**Student Choice:** Brings the latest food trends to school menus and gives students a voice in deciding which food concepts are featured and new menu items that will be offered!



Download the Nutrislice app or click the Nutrislice apple  
 Located on the Food Service page @ MARSD.org  
 Brings the power of the café menu, nutrition & allergen information right to the palm of your hand!

**Eat Breakfast Start the Day off Right!**

Breakfast is served in all schools. Students who receive Free/Reduced Lunch are also eligible for Free/Reduced Breakfast!

**Healthy Snacks Available Daily!**

Fresh Fruit & Veggies, Baked Crackers & Snacks, Jack & Jill Low-Fat Ice Cream, 100% Fruit Juice and Whole Grain Cookies

**Meal Pricing & Payment Information 2023-2024**

**Elementary Schools**

**Breakfast**

Reduced \$0.00  
 Paid \$1.85

**Lunch**

Reduced \$0.00  
 Paid \$3.40

**Middle School**

**Breakfast**

Reduced \$0.00  
 Paid \$2.00

**Lunch**

Reduced \$0.00  
 Paid \$3.60 / \$3.70

**High School**

**Breakfast**

Reduced \$0.00  
 Paid \$2.10

**Lunch**

Reduced \$0.00  
 Paid \$3.80 / \$3.95/ \$4.20

**\*Please refer to District Policy 8550 Unpaid Meal Charges / Outstanding Food Service Charges (M)**

For online payments please use [marsd.payschools.com](http://marsd.payschools.com)

Students may also pay with Cash, or Checks (Made out to: MARSDFS)

**COMPLETE Free/Reduced Applications online @ [www.marsd.payschools.com](http://www.marsd.payschools.com)**

Please direct questions to  
 Caroline Grant @ [caroline.grant@compass-usa.com](mailto:caroline.grant@compass-usa.com)

