

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Please contact Chartwells @ 732-705-5320 with any questions or comments</p>		<h1>MARCH</h1>		 <p>Visit <a href="http://marsd.nutrislice.com">marsd.nutrislice.com</a> to view our interactive menus &amp; allergen info</p>
1	2	3	4	5
<p><b>Beef Hot Dog on a Bun</b> Corn, Fruit Milk</p>	<p><b>Ham &amp; Cheese on a Kaiser Roll</b> Cherry Tomatoes Milk</p>	<p><b>Turkey Nachos</b> Cheese, Salsa &amp; Beans Fruit Milk</p>	<p><b>Turkey &amp; Cheese on a Kaiser Roll</b> Baby Carrots, Fruit Milk</p>	<p><b>Breakfast for Lunch</b> Pancakes w/ Egg Patty Oven Potatoes Fruit &amp; Milk</p>
8	9	10	11	12
<p><b>Pulled Pork on a Bun</b> Sweet Potato Fries Fruit &amp; Milk</p>	<p><b>Chicken Salad Wrap</b> Baby Carrots Fruit Milk</p>	<p><b>CheeseBurger on a Bun</b> Oven Fries Fruit &amp; Milk</p>	<p><b>Chicken Caesar Salad w/ Croutons &amp; Dressing</b> Cherry Tomatoes Fruit &amp; Milk</p>	<p><b>Chicken Nuggets w/ Dinner Roll</b> Green Beans, Fruit Milk</p>
15	16	17	18	19
<p><b>Pasta w/ Meat Sauce</b> Bread Stick Peas, Fruit Milk</p>	<p><b>Turkey &amp; Cheese on a Kaiser Roll</b> Baby Carrots, Fruit Milk</p>	<p><b>Turkey Nachos</b> Cheese, Salsa &amp; Beans Fruit Milk</p>	<p><b>Ham &amp; Cheese on a Kaiser Roll</b> Corn, Fruit Milk</p>	<p><b>Mozzarella Sticks</b> Seasoned Peas Fruit Milk</p>
22	23	24	25	26
<p><b>Teriyaki Chicken Bowl w/ Rice &amp; Broccoli</b> Fruit Milk</p>	<p><b>Ham &amp; Cheese on a Kaiser Roll</b> Carrot Pack, Fruit Milk</p>	<p><b>CheeseBurger on a Bun</b> Corn, Fruit Milk</p>	<p><b>Chicken Salad Wrap</b> Baby Carrots Fruit Milk</p>	<p><b>Chicken Nuggets w/ Dinner Roll</b> Green Beans, Fruit Milk</p>
29	30	31	<p>Meals are FREE to all Students Distribution Information: Monday, Wednesday &amp; Friday - 12 pm - 2 pm Matawan Regional High School Doors 11/12</p>	
<p><b>Sloppy Joe with Tostitos Scoops</b> Peas, Fruit Milk</p>	<p><b>Turkey &amp; Cheese on a Kaiser Roll</b> Baby Carrots, Fruit Milk</p>	<p><b>Chicken Fajita</b> Cheese, Salsa &amp; Beans Fruit Milk</p>		
<p>A full student lunch includes a choice of entrée supplying protein and grain, two vegetable side dishes, one fruit side dish, and a choice of milk. This institution is an equal opportunity provider. Menu Subject to Change</p>				