




Chartwells School Dining Services - Matawan-Aberdeen Regional School District

Breakfast Menu - November 2020

A full student breakfast includes a choice of entrée supplying grains or grain and protein, fruit, juice low-fat white milk.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Please call Chartwells @ 732-705-5320 if you have any questions or comments.</p>				
<p>2</p> <p>Cereal Chilled Fruit Juice / Milk</p>	<p>3</p> <p>Mini Pancakes Chilled Fruit Juice / Milk</p>	<p>4</p> <p>WG Muffin Chilled Fruit Juice / Milk</p>	<p>5</p> <p>School Closed</p>	<p>6</p> <p>School Closed</p>
<p>9</p> <p>Cereal Chilled Fruit Juice / Milk</p>	<p>10</p> <p>French Toast Sticks Chilled Fruit Juice / Milk</p>	<p>11</p> <p>WG Muffin Chilled Fruit Juice / Milk</p>	<p>12</p> <p>Egg & Cheese Sandwich on a Bun Chilled Fruit Juice / Milk</p>	<p>13</p> <p>Pop Tart Chilled Fruit Juice / Milk</p>
<p>16</p> <p>Cereal Chilled Fruit Juice / Milk</p>	<p>17</p> <p>Mini Cinni Buns Chilled Fruit Juice / Milk</p>	<p>18</p> <p>WG Muffin Chilled Fruit Juice / Milk</p>	<p>19</p> <p>Egg & Cheese Sandwich on a Bun Chilled Fruit Juice / Milk</p>	<p>20</p> <p>Pop Tart Chilled Fruit Juice / Milk</p>
<p>23</p> <p>Cereal Chilled Fruit Juice / Milk</p>	<p>24</p> <p>Mini Pancakes Chilled Fruit Juice / Milk</p>	<p>25</p> <p>WG Muffin Chilled Fruit Juice / Milk</p>	<p>November 26th & 27th School Closed</p> 	
<p>30</p> <p>Cereal Chilled Fruit Juice / Milk</p>		 <p>Visit marsd.nutrislice.com to view our interactive menus & allergen info</p>	<p>Menu Subject to Change.</p>	

