


Matawan-Aberdeen Regional School District Lunch Menu - November 2020

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Please contact Chartwells @ 732-705-5320 with any questions or comments</p>				 Visit marsd.nutrislice.com to view our interactive menus & allergen info
2 Creamy Macaroni & Cheese Dinner Roll w/ Spinach Fruit & Milk	3 Sloppy Joe w/ Tostitos Scoops & Seasoned Peas Fruit & Milk	4 Turkey Ham & Cheese on a Kaiser Roll w/ Green Bean Salad Fruit & Milk	5 School Closed	6 School Closed
9 Cheeseburger on Bun w/ French Fries Fruit & Milk	10 Turkey Nachos w/ Salsa, Shredded Cheddar Black Beans Fruit & Milk	11 Chicken Salad Sandwich w/ Baby Carrots Fruit & Milk	12 Turkey & Cheese on a Kaiser Roll w/ Grape Tomatoes Fruit & Milk	13 Oven Roasted Chicken Dinner Roll w/ Broccoli Florets Fruit & Milk
16 Cheesy Pasta with Meat Sauce Dinner Roll w/ Spinach Fruit & Milk	17 Chicken Fajita w/ Peppers, Onions Corn Fruit & Milk	18 Chicken Caesar Salad with Croutons w/ Baby Carrots Fruit & Milk	19 Grilled Chicken Sandwich w/ Caesar Side Salad Fruit & Milk	20 Pulled Pork on a Bun w/ Seasoned Peas Fruit & Milk
23 Cheese Pizza w/ Broccoli Fruit & Milk	24 BBQ Chicken Dinner Roll w/ Seasoned Corn Fruit & Milk	25 Turkey & Cheese on a Kaiser Roll w/ Baby Carrots Fruit & Milk	November 26th & 27th School Closed  Happy Thanksgiving	
30 Chicken Nuggets Dinner Roll w/ Seasoned Peas Fruit & Milk			Menu Subject to Change.	
<p>A full student lunch includes a choice of entrée supplying protein and grain, two vegetable side dishes, one fruit side dish, and a choice of milk. This institution is an equal opportunity provider.</p>				