

**GET A
FLU VACCINE NOW.**

#FIGHT FLU



Flu is a potentially very serious disease that can lead to hospitalization and sometimes even death. Lower your risk of getting influenza by getting vaccinated today.

You may ask...why do I need a flu vaccine every year? First, flu viruses change, so the vaccine is often updated to keep up with changing flu viruses. Second, your immune protection from vaccination declines over time.

This flu season, protect yourself, your family, your friends, and your community. Get a flu vaccine. [Influenza \(Flu\) What You Need to Know/CDC](#)

Due to current guidelines, we will not be holding our MARSD flu vaccine clinic this year.

Please consult your primary health care provider for information about the flu vaccine.