

# UNIVERSAL CHILD HEALTH RECORD

Endorsed by: American Academy of Pediatrics, New Jersey Chapter  
New Jersey Academy of Family Physicians  
New Jersey Department of Health

| SECTION I - TO BE COMPLETED BY PARENT(S)   |         |   |                                  |
|--|---------|---|----------------------------------|
| Child's Name (Last)  | (First) | Gender<br><input type="checkbox"/> Male <input type="checkbox"/> Female                       | Date of Birth<br>/      /        |
| Does Child Have Health Insurance?<br><input type="checkbox"/> Yes <input type="checkbox"/> No  |         | If Yes, Name of Child's Health Insurance Carrier  |                                  |
| Parent/Guardian Name   |         | Home Telephone Number   | Work Telephone/Cell Phone Number |
| Parent/Guardian Name   |         | Home Telephone Number   | Work Telephone/Cell Phone Number |
| <b>I give my consent for my child's Health Care Provider and Child Care Provider/School Nurse to discuss the information on this form.</b> |         |   |                                  |
| Signature/Date   |         | This form may be released to WIC.<br><input type="checkbox"/> Yes <input type="checkbox"/> No |                                  |

| SECTION II - TO BE COMPLETED BY HEALTH CARE PROVIDER |  |  |  |
|--|--|--|--|
| Date of Physical Examination:                        |  | Results of physical examination normal? <input type="checkbox"/> Yes <input type="checkbox"/> No |  |
| Abnormalities Noted:                                 |  | Weight (must be taken within 30 days for WIC)  |  |
|  |  | Height (must be taken within 30 days for WIC)  |  |
|  |  | Head Circumference (if <2 Years)   |  |
|  |  | Blood Pressure (if ≥3 Years)   |  |

|                      |   |
|----------------------|---|
| <b>IMMUNIZATIONS</b> | <input type="checkbox"/> Immunization Record Attached<br><input type="checkbox"/> Date Next Immunization Due: |
|----------------------|---|

| MEDICAL CONDITIONS   |  |          |
|--|--|----------|
| Chronic Medical Conditions/Related Surgeries<br>• List medical conditions/ongoing surgical concerns: | <input type="checkbox"/> None<br><input type="checkbox"/> Special Care Plan Attached | Comments |
| Medications/Treatments<br>• List medications/treatments:   | <input type="checkbox"/> None<br><input type="checkbox"/> Special Care Plan Attached | Comments |
| Limitations to Physical Activity<br>• List limitations/special considerations:                       | <input type="checkbox"/> None<br><input type="checkbox"/> Special Care Plan Attached | Comments |
| Special Equipment Needs<br>• List items necessary for daily activities                               | <input type="checkbox"/> None<br><input type="checkbox"/> Special Care Plan Attached | Comments |
| Allergies/Sensitivities<br>• List allergies:   | <input type="checkbox"/> None<br><input type="checkbox"/> Special Care Plan Attached | Comments |
| Special Diet/Vitamin & Mineral Supplements<br>• List dietary specifications:                         | <input type="checkbox"/> None<br><input type="checkbox"/> Special Care Plan Attached | Comments |
| Behavioral Issues/Mental Health Diagnosis<br>• List behavioral/mental health issues/concerns:        | <input type="checkbox"/> None<br><input type="checkbox"/> Special Care Plan Attached | Comments |
| Emergency Plans<br>• List emergency plan that might be needed and the sign/symptoms to watch for:    | <input type="checkbox"/> None<br><input type="checkbox"/> Special Care Plan Attached | Comments |

| PREVENTIVE HEALTH SCREENINGS   |                |              |                |                |                  |
|--|----------------|--------------|----------------|----------------|------------------|
| Type Screening   | Date Performed | Record Value | Type Screening | Date Performed | Note if Abnormal |
| Hgb/Hct  |                |              | Hearing        |                |                  |
| Lead: <input type="checkbox"/> Capillary <input type="checkbox"/> Venous |                |              | Vision         |                |                  |
| TB (mm of Induration)  |                |              | Dental         |                |                  |
| Other:   |                |              | Developmental  |                |                  |
| Other:   |                |              | Scoliosis      |                |                  |

I have examined the above student and reviewed his/her health history. It is my opinion that he/she is medically cleared to participate fully in all child care/school activities, including physical education and competitive contact sports, unless noted above.

|                                      |                             |
|--------------------------------------|-----------------------------|
| Name of Health Care Provider (Print) | Health Care Provider Stamp: |
| Signature/Date                       |                             |