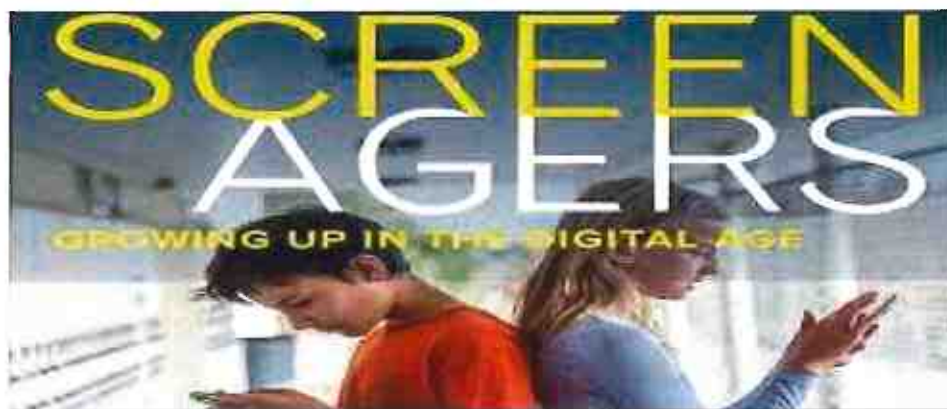




## COMMUNITY SCREENING



### **SCREENAGERS: NEXT CHAPTER**

Watch the trailer at - <https://www.screenagersmovie.com/nc-trailer>

**January 16, 2020**

**Matawan-Aberdeen Middle School Auditorium**

**7:00 PM**

If you saw the original *Screenagers* last year, we invite you to attend this important follow-up screening titled ***Screenagers: Next Chapter***. In this new documentary, filmmaker and physician Dr. Delaney Ruston takes the conversation around screens and teens to the next level with ***Screenagers NEXT CHAPTER: Uncovering Skills for Stress Resilience***—a film that examines the science behind teen's emotional challenges, the interplay of social media, and most importantly, what can be done in our schools and homes to help them build crucial skills to navigate stress, anxiety, and depression in our digital age.

The impact of social media and other screen time is incorporated in all the topics raised in ***Screenagers NEXT CHAPTER***, how it may be impacting our teens' mental health, and what we can do to help foster youth in the face of struggles.

**Light Refreshments • Family event - bring the kids! • Invite your friends & neighbors!**